



Please note NICE guidance:

\* doxycycline 200 mg on the first day, then 100 mg once a day for 5 days in total (not in pregnancy)

\* alternative: amoxicillin 500 mg 3 times a day for 5 days

offer antibiotics if the likely cause is bacterial or  
it is unclear whether the cause is bacterial or viral and symptoms are more concerning or  
they are at high risk of complications.